



RDA June 2012 Newsletter

Lunging Workshop

17 June 2012

RDA Raymond Terrace held a Lunging Workshop at our centre on Sunday the 17th of June. Coaches and volunteers attended from the Central Coast, Manning Valley, and our own Raymond Terrace centre.

We had a brief chat up in Murphy's room before going down and getting into it in the arena.

Isabel our, Wednesday coach, lent her horse Teddy for the lunging workshop. He was such a good boy to be prodded and poked by all coaches and volunteers.

We learnt the art of lunging and the correct equipment to use when starting to learn how to lunge our horses.

Toby and Chrissy also had a go at our lunging workshop. Toby went well and the little lad wanted to keep trotting to try and get our helper to lose her balance, but she maintained her pose and lunged him well.

A great day had by all, and a great spread of lunch provided for all. We like to extend a thank you to our trainer Noel and Geoff from the Manning Valley centre.



Central Coast One Day Workshop

Sunday 16th October 2011

It was great hot weather for a perfect day out in the sun. We arrived at the Central Coast RDA centre, signed on for registration and had a look around. This was made easier when all coaches & whips took part in a fact finding exploration which was a great way to get to know "our Central Coast RDA centre".

We had some interesting workshops throughout the day;

- The older horse and suitability, by vet Chris Rayson.
- How a rug should be fitted.
- All aspects of lunging the RDA way.
- The "Let's Get Physical Lesson" that involved some very special riders riding with their oxygen packs on their back in their back pack, and
- How to connect with your horses and ponies – liberty work by Fiona Little.

One of our RDA coaches was able to get a hands' on approach to this last lesson.

We also had some fire fighters come and give a demonstration on which extinguishers should be used and practiced how to use them.

In all, it was a very education day for all who attended and the Central Coast centre put on a great feed for all of the participants.

Thank you Central Coast RDA for hosting a wonderful day.

Barbeque at Bunning's Port Stephens

3rd June 2012

We held a Bunning's BBQ at Port Stephens on the 3rd of June 2012. The day was looking bleak from the start and the rain kept on coming down on and off the day.

We had few customers in the morning, but later had a constant flow of customers throughout the day.

We would like to thank all the volunteers who helped out on the day. Tony and Louise O'Connell, Kerrie and Nikitta Wolfe, Caitlin Jones, Elenore Davis, Hayley Bell, Trevor & Michelle Bullen and our President Roly Taylor..

At the end of the day, the total profit came to \$465.00, which was great for a day of being out in the rain.

Our next BBQ is on **Sunday 8th July 2012**, and we are after helpers for this day. Can you please contact Trevor Bullen on 0418630903 or by email on s.a.h-rda@bigpond.com if you can spare any time during the day to come and lend a hand.



Trevor Bullen and Tony & Louise O'Connell at our Event Port Stephens Bunning's BBQ Event

New Position Filled

There is a new role that was listed in April's Newsletter that has been filled.

Jude Oliver **Finance Officer**

Outstanding positions still requiring to be filled are;

Fundraising Coordinator	Secretary
Fundraising Events	Website
Coaching Coordinator	Competition Events Coordinator
Publicity Officer	

If you are able to help in any of these roles, please submit your name to a Committee member.

Caretaker Position Filled

It is with sadness that we say farewell to Merryl Case, the Caretaker. Thank you for your support during your time at the RDA Raymond Terrace.

The new caretaker shall be starting soon, and we look forward to meeting them, and getting to know them as the lessons and RDA activities run on through the year.

Shelter Cover

Just to let you know that work is planned to begin on the shelter cover outside arena. The work is being done through Lions so will take some time.

It is due to commence this Wednesday 6th June 2012, and will be some inconvenience to parking and access for a while yet, particularly to disabled parking and access for riders. Obviously access is available but need to be more aware and careful.

The workers will do their best to identify any hazards by putting up bunting and witches hats. The bulk of the work will be completed in the school holidays but footings etc are being dug and cemented in the next few weeks.

Please take care, and remind your volunteers and riders/families to be aware of the upcoming changes.

Regards

Judy Edwards

Remembrance

It was with sadness we share the passing of Margret "Margie" Mary Engelbach. She will be deeply missed at RDA Raymond Terrace.

